

Intermediate Hard Shoe Reel – 1st Step
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Brasschaat, 6-7/12/2003

RIGHT:

1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8
L jump R front	L hop	R Tre.....ble	L hop	R down-B	L hop	R DblTrb	R downF	L Tre.....ble	R hop	L downB	R hop	L hop	R DblTrble	L hop	R DblTrble
L downF	R Tre.....ble	L hop	R down-B	L - R - L 3-drum	R(in) heel	R(out) heel	R(in) heel	R-stamp L-but							
L hop	R tip	R down	L step	Click heels	Click Heels	L hop	R Tre.....ble	R Step	L toe-B	L down	R heel	R step			
L toe	L down	R Tre.....ble	R downF	L toe-B	L down	R Tre.....ble	L hop	R back							

L-R-L 3-drum: L-step, R-step, L-heel in a triplet

R(in-out-in)heel: start on toes in normal Irish position, stamp heel, turn on tip heel outwards and stamp on heel, back inwards stamp on heel

Click heels: while standing on tips.

Step notation: Celtic Bompa